Form E

Efficiency Assessment for executives and employees



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Make sure you understand each question; read it as many times as necessary. Each answer counts. Please answer ALL questions, one after the other, by marking a, b, c or d. At each question, choose that answer, which in your opinion fits best or comes closest to what would be a correct

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1	Do you occasionally feel that your working day has not enough hours?
a b c	Yes, now and then Yes, quite frequently No, the time I have is enough to do my job
2	Do you sometimes think that you should have achieved more in the same amount of time?
a b c	Yes, now and then Yes, I think that quite often No, most of the time I achieve what I intend to do
3	Do you work on several things at the same time?
a b c	Yes, one can hardly avoid that No, one of my principles is to do one task (or work) after the other No, I always put them into categories of importance or priority
4	Is it easy for you to relax on a Sunday or holiday without pondering on business matters?
a b c	I force myself to do so Yes, I am able to enjoy myself and relax at any time No, business matters are too important
5	Do you occasionally feel exhausted or lacking energy during or after work?
a b c	Only when I often get interrupted at work. No, very seldom Yes, that happens every once in a while
6	When you have completed a task or piece of work, do you feel so relaxed that you could lay your feet on the table for ten minutes?
a b c	Yes, indeed No, there is still too much to do Yes, but I keep thinking of what still needs to be done
7	Do you often suffer from stress or time pressure?
a b c	Yes, you can say that again No, I still have some time at my disposal I mostly finish things off just in time

8	How does your desk (work area) look like?
a	Piled high
b c	Rather orderly Neat and empty
9	Do you have backlogged (accumulated) tasks or work waiting do be done?
a	Yes, there is still a lot of work that should be done
b c	No, I'm up to date with my work Yes, but only a few unimportant things
10	Are you often absent-minded at work?
a	Yes, I'm pondering a lot
b c	No, it is easy for me to concentrate on my work With some effort I can keep my mind on the job
11	You approach tiresome tasks or works with an idea similar to:
a	"It will handle itself after some time"
b c	"Somebody else can (or should) do that" "I do it at once so that it is done"
	Do you look forward to the coming working day?
a b	Usually yes No, I am ready for a vacation
c	"Looking forward to it" would be too enthusiastic an expression
13	By what do you judge people, employees or colleagues?
a	By their training, position or status
b c	By what they really get done By what they say about themselves
14	How do you normally relay communications or requests?
a b	☐ In writing ☐ By phone
c	By seeing the person concerned or having her or him come to my office
15	What do you do, when you don't know how to handle something?
a	I study the manuals, textbooks or similar material
b	I ask someone who knows about the subject or thing
С	I try to cope with it myself by trial and error
16	Do you plan in advance what you intend to achieve during the day?
a	Yes, but often some other things crop up
b	No, I get everything done during the day

17 Do you often stay at your job after working hours, because you don't get your work done otherwise?
a Yes, that's the rule b No, I get everything done during the day c No, but there is always some work left undone
18 Do you use drawers, shelfs or the closet as places to store unfinished work or things?
a No b Occasionally c Yes
19 Additional urgent tasks
a are considerably irritating me b are annoying but they get done c are rather considered as a challenge by me
Who is mostly solving the problems in your company (in your department)?
a I myself b The employee concerned c That depends
21 Do you normally achieve the targets you've set?
a Yes b Not in any case c At the moment some difficulties exist at this
22 Does your work frequently make you feel nervous?
 a A little, but I don't let it show b Yes, from time to time it's getting to much for me c No, I feel to be in control of everything 23 How often do you normally take up a letter, a communication, request etc. before the matter is
fully completed?
a More than three times b Two to three times c Once
24 Do you sometimes notice that you missed out on important things or dates?
a No, almost never b Yes, that happens c Yes, but quite seldom
25 I try to solve problems
 a by taking immediate action b considering and thinking about the situation c by waiting how things develop

	26 How long do you put off unpleasant things or decisions?
	a Some days b Some weeks c Not more than one day d As long as possible
	27 Do problems frequently take you by surprise?
	a Yes, sometimes I ask myself how that could have happened b No, normally I do something about them in time c I usually cope with difficulties one way or the other
	28 How many employees do you feel you can easily manage?
	a Up to five b Five to fifty c More than fifty
	d To manage people seems difficult to me
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_	d To manage people seems difficult to me 29 How do you normally make your decisions? a I usually sleep on it first of all b At once on the spot